# **Everything You Need To Know About EFMP**



The EFMP is intended to give Soldiers the opportunity to have missions important to the Army and considering the Family needs. ACS EFMP staff provide direct service and navigation in all areas of resources, referrals, advocacy, respite care, and installation and community services on behalf military Families.

# Are All Active Duty Soldiers Required to Enroll in the EFMP if they have an EFM?

The following Soldiers with EFMs are required to enroll in the EFMP: 1) Active Army 2) U.S. Army Reserve (USAR) Soldiers in the USAR Active Guard Reserve (AGR) Program. 3) Army National Guard (ARNG) AGR personnel serving under authority of Title 10, United States Code and Title 32, United States Code. Soldiers who are members of the Army Married Couples Program will both enroll in the EFMP when they have a Family member that qualifies. This process will ensure that the assignment manager of each sponsor considers the Family's special needs.

### **Benefits of EFMP Enrollment:**

- Enrollment allows assignment managers at the Medical Coordination and Family Travel Team,
  US Army Human Resources Command to consider the documented medical needs of
  exceptional Family members in the CONUS assignment process (educational needs are taken
  into consideration only in an OCONUS assignment).
- All Soldiers are still eligible for worldwide and unaccompanied assignments.
- All local school systems in the continental U.S. and its territories are required by public laws to
  provide a Free and Appropriate Public Education (FAPE), to include the provision of special
  education.

# **Three Components of EFMP:**

- Identification and enrollment ensures that special needs diagnosis, frequency of care, medications and special accommodations are documented.
- Assignment coordination requires information about special needs to be taken into account and determines availability of services when the service member is considered for a new assignment.
- Family support provides information and referral for military and community services, and nonclinical case management services.

#### Who Should Enroll in EFMP?

Family member's – a spouse, child, or dependent adult – with documented special medical and/or educational needs are required to enroll in the program. This includes family members who:

- Require special medical services for a chronic condition, which may include but is not limited to asthma, diabetes, behavioral health, multiple sclerosis, etc.
- Receive ongoing service from a medical specialist.
- Receive early intervention services or special education services (birth through age 21)

### **EFMP Special Needs Advisor/Case Coordinator:**

The EFMP Special Needs Advisor/Coordinator is responsible for identifying qualifying conditions, completing enrollments, and updating enrollments. Our Special Needs/Case Coordinator is located at Irwin Army Community Hospital (IACH), Room 1G069 across the hallway of the pharmacy/lab waiting room. Phone number is 785-240-7543 and Fax Number is 785-240-8373. Hours: Walk-ins 9:00 AM to 12:00PM and 1:00PM to 3:00PM

# **ACS EFMP Family Support Services**

Exceptional Family Member Program family support helps service members and their families identify and access programs and services. ACS EFMP staff provide direct service and navigation in all areas of resources, referrals, advocacy, respite care, and installation and community services on behalf military families.

This includes, but is not limited to, the following:

- Information and referrals for military and community services.
- Education and outreach.
- Information about available local school and early intervention services.
- Warm handoffs to the Exceptional Family Member Program at new locations.
- Non-clinical case management, including individualized services plans.
- Helps determines what conditions qualifies for enrollment.
- Advocate to other people and other organizations with you, whether it be an Army connected organization (chain of command, housing office, etc.) or an off post organization (your child's school, a support agency, etc).

The EFMP family support function is provided by EFMP family support staff located at the Army Community Service, Bldg 7264. Phone number is 785-239-9435 and <a href="mailto:usarmy.riley.imcom.mbx.acs@mail.mil">usarmy.riley.imcom.mbx.acs@mail.mil</a>.

#### **System Navigation:**

Systems Navigation is a Family and community support that connects Families with special needs to the systems of care they need, both on and off the installation.

- Navigate Families through the available systems of care by assessing EFM/Family strengths/needs; developing a plan to reach goals; referring to appropriate agencies/organizations; and providing advocacy while teaching and strengthening self-advocacy skills.
- Reach out to Families and offer support services, particularly during transitions, works closely
  with our EFMP medical counterparts to accept referrals who have received new and/or complex
  diagnoses that require multiple support services.

# Assistance with Relocation/Transition: Welcome to "The Home of the Big Red One!"

- New to Fort Riley you will complete the EFMP DA 7415 form. You will receive a welcome email or phone call from our office explaining out services and how to reach us.
- Leaving Fort Riley to a new duty location, your gaining installation will be notified that you are arriving so any supports you may need will be in place upon arrival. Our staff will forward and communicate with the gaining installation of your needs.
- Please ensure you meet with your gaining installation's Army Community Service (ACS) EFMP Manager for further assistance upon arrival.

## Housing:

Fort Riley Housing is privatized and is operated by Corvias Military Living. The housing waiting lists vary based on rank and Family size. Many Families assume because of their EFMP enrollment they receive prioritized housing, this is not true. They are required to complete a request for medical exception to policy that is a result of medical condition of the sponsor and/or any of his/her dependents.

Examples (not limited to the list below):

- Soldier request to be accelerated on the waiting list due to a fragile medical condition of a family member resulting need to be close to the medical treatment facility.
- Soldier requests to move to a larger home or to a single level home due to a medical condition.
- Soldier request ADA modifications (estimated over \$500).
- Soldier request to live in a particular school district for the benefit of a special needs child.
- Soldier request to move into a different home due to allergies, etc.
- For required documents and additional information contact Corvias Military Living.

### Coordinate Appropriate Placement of Children with Special Needs into CYS programs:

The Multidisciplinary Inclusion Action Team (MIAT) is a multi-disciplinary team established to explore installation child care and youth supervision options for child and/or youth that have medical diagnoses that reflect life-threatening conditions, functional limitations, or behavioral and/or psychological conditions.

- The team, of which the child/youth's parent/guardian is a valued member, is responsible for
  determining placement options within Child Youth Services (CYS) programs considering the
  feasibility of CYS programs accommodations and availability of services to support child and/or
  youth needs.
- Parent/guardian involvement is mandated.
- The process begins with registration of the child/youth at CYS and culminates in a MIAT meeting if deemed necessary by the Army Public Health Nurse (APHN).

### **Compassionate Reassignments and Stabilization Assistance**

- Some circumstances relating to an EFM's health, safety or development may warrant a Soldier's request for a compassionate reassignment, deletion of orders, deferment of report date, or stabilization at current duty location.
- Our team is skilled in understanding the qualification criteria for such requests, the required Department of the Army forms for these requests, as well as the documentation required to support such requests.

### **Respite Care:**

The EFMP Respite Care Program is a community support service that provides a temporary rest period of Family member responsible for regular care of person with disabilities. Care may be provided in the EFM's home or other settings such as special needs camps and enrichment programs. It is time limited based on the EFM medical condition and availability of funding.

- Qualifies for up to 25 hours per month.
- Must be enrolled in the EFMP.
- Respite Care forms document the severe chronic medical condition or significant medical needs.
   A severe chronic medical condition is defined as a serious medical condition that persists for greater than months and requires the coordinated intervention of multiple primary and specialty care providers for evaluation, treatment and maintenance of health. Severe chronic conditions are often not curable.
- The EFM's medical provider must substantiate the need for EFM Respite Care.
- Meet with the ACS EFMP staff the application process, as well as receiving documents to be completed by the EFM's medical provider.
- Completion of the respite care intake forms involve an assessment interview with the EFMP staff.
- The EFM's information will be presented before the EFMP Respite Care Panel, consisting of the EFMP Manager, ACS Director, Garrison Commander (or designee), Family Life Chaplain and EFMP Systems Navigator, reviews the information provided and documented medical needs,

and recommends approval or disapproval of all submissions for respite to the Garrison Commander who is the decision authority.

# Locating Support Groups, Recreational Activities, and Community Support Agencies:

- Locating support groups and recreational programs, both on and off the installation.
- Connecting to local resources, state and national organizations, and information regarding agencies that provide specialized services, as well as general community support information.

Please do not hesitate to contact us for any assistance you might need or stop by just to say hello! And if we can't immediately answer your questions, we will find the answer or an appropriate point of contact for you and ensure we get the information to you in a timely manner.

US Army Garrison, DFMWR, Army Community Service, Exceptional Family Member Program (EFMP) at 785.239.9435

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