**FORT RILEY AQUATICS FITNESS SCHEDULE OCTOBER 2018**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUNDAY | MONDAY | TUESDAY | WENESDAY | THURSDAY | FRIDAY | SATURDAY |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
| **EYSTER POOL****Building 6940** **Warren Road** **Fort Riley, KS****785.239.4854**  | *LAP SWIM 0500-0900**1000-1100 P.T. IACH**LAP SWIM 1100-1300*FOURTH GRADE LTS 1230-3*LAP SWIM 4-6*MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-0900**BOGA FIT 0900-1000**1000-1100 P. T. IACHLAP SWIM 1100-1300FOURTH GRADE LTS 1230-3LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-09000900-1000 WTBLAP SWIM 1100-1300FOURTH GRADE LTS 1230-3Lap Swim 4-6MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-0900**BOGA YOGA 0900-1000**1000-1100 P.T. IACHLAP SWIM 1100-1300FOURTH GRADE LTS 1230-3LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | *Training Holiday**\*No morning or noon lap swim*LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | **SATURDAY CLASSES****BOGA FIT 0800-0900****BOGA YOGA 0900-1000**BUBBLE GUPPIES1000-1100**Recreational Swim 1-4** |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| **Recreational Swim 1-4** | Columbus DayFACILITY CLOSED | LAP SWIM 0500-0900**BOGA FIT 0900-1000**1000-1100 P. T. IACHLAP SWIM 1100-1300LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-09000900-1000 WTBLAP SWIM 1100-1300Lap Swim 4-6MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-0900 **BOGA YOGA 0900-1000**1000-1100 P. T. IACHLAP SWIM 1100-1300LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-09001000-1100 P.T. IACHLAP SWIM 1100-1300LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | **SATURDAY CLASSES****BOGA FIT 0800-0900****BOGA YOGA 0900-1000****Recreational Swim 1-4** |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| **Recreational Swim 1-4****Marlins Swim Team 4-6** | LAP SWIM 0500-09001000-1100 P. T. IACHLAP SWIM 1100-1300LAP SWIM 4-6MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | LAP SWIM 0500-0900**BOGA FIT 0900-1000**1000-1100 P. T. IACHLAP SWIM 1100-1300FOURTH GRADE LTS 1230-3LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-09000900-1000 WTBLAP SWIM 1100-1300FOURTH GRADE LTS 1230-3Lap Swim 4-6MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | LAP SWIM 0500-0900**BOGA YOGA 0900-1000**1000-1100 P.T. IACHLAP SWIM 1100-1300FOURTH GRADE LTS 1230-3LAP SWIM 4-6MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | LAP SWIM 0500-09001000-1100 P. T. IACHLAP SWIM 1100-1300LAP SWIM 4-6FOURTH GRADE LTS 1230-3MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | **SATURDAY CLASSES****BOGA FIT 0800-0900****BOGA YOGA 0900-1000**BUBBLE GUPPIES1000-1100**Recreational Swim 1-4** |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| **Recreational Swim 1-4****Marlins Swim Team 4-6** | LAP SWIM 0500-09001000-1100 P. T. IACHLAP SWIM 1100-1300MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | LAP SWIM 0500-0900**BOGA FIT 0900-1000**1000-1100 P. T. IACHLAP SWIM 1100-1300MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-09000900-1000 WTBLAP SWIM 1100-1300Lap Swim 4-6MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | LAP SWIM 0500-0900**BOGA YOGA 0900-1000**1000-1100 P.T. IACHLAP SWIM 1100-1300LAP SWIM 4-6MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | *LAP SWIM 0500-0900**1000-1100 P.T. IACH**LAP SWIM 1100-1300**LAP SWIM 4-6*MARLINS SWIM TEAM 5-7**AMERICAN RED CROSS****SWIMMING LESSONS** | **SATURDAY CLASSES****BOGA FIT 0800-0900****BOGA YOGA 0900-1000****Recreational Swim 1-4****SWIM** **7:00pm** |
| 28 | 29 | 30 | 31 |  |  |  |
| **Recreational Swim 1-4** | LAP SWIM 0500-09001000-1100 P. T. IACHLAP SWIM 1100-1300LAP SWIM 4-6MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-0900**BOGA FIT 0900-1000**1000-1100 P. T. IACHLAP SWIM 1100-1300MARLINS SWIM TEAM 5-7 | LAP SWIM 0500-09000900-1000 WTBLAP SWIM 1100-1300Lap Swim 4-6MARLINS SWIM TEAM 5-7 | **Recreational Swim** **1300-1600****Saturday/Sunday** | Let us schedule your nextC:\Users\judy.gardner2\Desktop\thSEIPZXET.jpg**PRIVATE PARTY!****Call 239-4854 for Details** | **American Red Cross****Swimming Lessons****Contact CYS****Central Registration****239-9885** |